

ISURAVA: REGIONAL RESET PROGRAM



HOW LONG DOES THE PROGRAM RUN FOR?

The Isurava Regional Reset Program runs for 6 months, followed by 6 months of aftercare to ensure ongoing support and lasting change.



WHO IS ELIGIBLE FOR THE ISURAVA PROGRAM

Applications are open to any young person aged **8-17 years** who resides within our catchment areas (see maps below), and who is at high risk of youth justice involvement or disengagement.



WHAT REGIONS DOES THE PROGRAM COVER?

Participants must reside in specific Gold Coast or Ipswich catchment areas to be eligible for the program. This ensures the program is accessible to young people from these designated regions. View the eligible regions via the links below:

- [GOLD COAST CATCHMENT MAP](#)
- [IPSWICH CATCHMENT MAP](#)



HOW DO I APPLY OR REFER A YOUNG PERSON TO THE PROGRAM?

Applications are accepted via the [online application form](#) and can be made by schools, parents, the Queensland Police Service, community groups or via self-referral, directly by the young person themselves.



WHAT ARE THE COSTS INVOLVED?

None. The Isurava Program is fully funded by the Queensland Government's Regional Reset Program, as part of their Making Queensland Safer Plan. This includes all Program camps which provides supervised accommodation, meals, and activities.



WHAT IS THE SELECTION PROCESS?

Our six-step application and selection process is:

1. Applicant meets eligibility for the program
2. Applicant/ referee completes an application for upcoming intake
3. Isurava Regional Reset team reviews application
4. Applicant and their parent/career attend assessment meeting with the Isurava team
5. Isurava Screening Panel reviews application and decides on outcome
6. Applicant receives an email confirming the outcome and next steps.



WHAT IF AN APPLICANT HAS SPECIAL NEEDS OR A DISABILITY?

We welcome applications from all young people who meet the eligibility criteria. We will discuss specific needs during our recruitment process. Each case is reviewed individually to ensure appropriate support measures are in place.



WHAT IS THE AVAILABILITY FOR THE ISURAVA PROGRAM?

The Isurava Program operates on a rolling intake basis, offering **8 intakes each year** across the Ipswich and Gold Coast regions. Applications are reviewed as they are received, with assessments and interviews conducted to determine the most suitable intake for each young person. This ensures that every participant receives support tailored to their individual needs.



WHAT OUTCOMES CAN I EXPECT TO SEE FROM THE PROGRAM?

After the program, participants are expected to have:

- Better engagement with education and a more positive attitude toward school and their learning.
- Developed more essential life skills and improved their teamwork, resilience and leadership skills.
- Improved behavioural patterns and resilience in challenging situations.
- Cultivated civic responsibility and a greater social responsibility through outdoor education.



WHAT CAN PARTICIPANTS EXPECT THROUGHOUT THE PROGRAM PHASES?

- **RECRUITMENT & INTAKE:** Collaborative, culturally informed, trauma-aware assessment with goal setting and an individualised Risk and Safety Plan.
- **INTENSIVE MENTORING:** Community-based group and one-on-one mentoring in participants' home communities including activities, service learning, career exposure, and trauma-informed debriefing, with experiences co-designed by the participants.
- **FOUNDATION CAMP (SIX DAYS):** Short-term camp providing a safe, structured reset with therapeutic and cultural support, building trust and personal growth.
- **WILDERNESS CAMP (FIVE DAYS):** Building on the Foundation Camp, this camp challenges young people with extended hikes, navigation tasks, and team problem-solving to develop trust, resilience, and emotional regulation.
- **PEAK EXPERIENCE (FOUR DAYS):** Four-day wilderness expedition where participants apply skills learned through the program take on leadership roles, reflect on and celebrate their progress with mentors.
- **CASE SUPPORT (UP TO SIX MONTHS):** After the program, young people maintain monthly mentor check-ins, service and family support, and reflection events to sustain progress.



WHAT LEVEL OF SUPERVISION IS PROVIDED?

Participants are continuously supervised by trained staff with full child-safety and risk-management procedures in place. Facilitators and mentors hold qualifications in youth work, mental health first aid, and outdoor education. Staff are trained to respond to trauma with empathy and structure, ensuring all activities are safe and supportive.